

*Office of the Mayor
City of Allen*

Proclamation

- WHEREAS,** YOGA is an ancient process of keeping the human mind and body in good health, and the Surya Namaskar (SUN Salutation) is a special sequence of YOGA postures that provide the key health benefits of YOGA in a very concise package; and,
- WHEREAS,** Hindu Swayamsevak Sangh (HSS) is a voluntary, non-profit, social and cultural organization, aiming at preserving and passing on the ancient Hindu heritage and cultural values to the next generation of Hindus through education programs and community service activities; and,
- WHEREAS,** HSS is organizing a Health for Humanity Yogathon with the goal to promote awareness and health benefits of yoga to the community at large by adopting a healthy lifestyle; and,
- WHEREAS,** the City of Allen congratulates HSS for their outstanding job of helping to preserve and promote the ancient heritage around the world.

NOW, THEREFORE, I, KENNETH M. FULK, MAYOR OF THE CITY OF ALLEN, COLLIN COUNTY, TEXAS, proclaim January 16 –31, 2021, as:

“HEALTH FOR HUMANITY YOGATHON PERIOD”

in Allen, Texas, and I urge all citizens to take cognizance of this event and participate in all the events related thereto in this community.

Kenneth M. Fulk, MAYOR